

WHAT WE DO

► BACKGROUND AND VALUES

Established in 2018 as the sister organization to *Boys to Men Mentoring Network of Virginia*, Girls2Women (G2W) is a 501(c)3 non-profit organization that provides group mentoring to teenaged girls.

Our passion is mentorship. Everything we do is to create a space of empathy, connection, comfort, and non-judgement that encourages growth in our mentees.

Our **core values** are as follows: **Diversity** (inclusivity & acceptance), **Integrity** (accountability & authenticity), **Resilience** (perseverance), and **Trust** (reliability, dependability, & safety).

♥ MISSION AND VISION

Our **mission** is to empower girls to build strong relationships and connection through group mentoring. Our **vision** is that through such empowerment, G2W-VA can contribute to the creation of a stronger and safer world.

🎯 OUR BOARD

Our board consists of women with various lived experiences and diverse backgrounds. Together, we have over 50 years of experience working with various populations. Our expertise lies in teaching, social work, counselling, and veterans service. Most of our board members are also mentors!

CONTACT US



EMAIL: EMPOWER@GIRLS2WOMEN-VA.ORG

WEBSITE: GIRLS2WOMEN-VA.ORG

INSTAGRAM: G2WVA



SCAN THE QR CODE



FOR MORE INFO



GIRLS2 WOMEN-VA

EMPOWERING GIRLS THROUGH GROUP MENTORING



OUR MODEL

G2W has three main components: **group mentoring, community service, and recreational events.**

GROUP MENTORING

Our mentoring circles meet weekly from October to May during the school day, typically for 50 minutes to 1 hour. They are located in several middle schools within Chesterfield County. We also have a Community circle that is open to high school girls. We talk about topics related to the transition from girlhood to womanhood: body image, self-love, healthy relationships, mindfulness, empowerment and so much more. Our curriculum follows a PIES format, focusing on the physical, intellectual, emotional, and social aspect of the self.

COMMUNITY SERVICE

Community service helps our mentees learn the importance of servicing others as a part of our own journey. Some of the community service projects we have done include volunteering at Chesterfield Food Bank and organizing a canned food drive for housing and food insecure people.

RECREATIONAL EVENTS

We know how to have fun, too! We regularly do fun activities in our circles, including playing games, arts/crafts, yoga, creating vision boards, etc., but some of the larger scale recreational events we've done include whitewater rafting and indoor/outdoor rock climbing!

JOIN OUR TEAM

Community members may join G2W-VA as either a mentor or mentee. Both experiences provide personal fulfillment and connection that you will carry with you forever. Please visit our website for further information on how to join our team!



SUPPORT US



PAYPAL



KROGER COMMUNITY REWARDS



NPO: AB178

THE IMPACT OF YOUR SUPPORT

As a 501(c)3 non-profit organization, G2W depends solely on community support. Your donation, monetary or otherwise, enables us to better curate safe, enriching environments for our girls. Your donation will go towards curriculum planning, community events for our girls, and board support. Thank you for helping us strengthen our organization!